

## Allways Health Partners (EFFECTIVE AUGUST 2020)

### Autologous Chondrocyte Implantation—Pre-authorization Checklist

The following checklist reflects the minimum requirements that the plan will need at the time of pre-authorization. Failure to include all of this information in the pre-authorization request or failure to make sure that all 'no' answers are fully addressed in the pre-authorization request will significantly increase the likelihood that the pre-authorization request will be denied or significantly delayed.

Symptoms of knee pain interfere with activities of daily living and have persisted for at least 6 months	<input type="checkbox"/> Yes <input type="checkbox"/> No
Adolescent patients should be skeletally mature with documented closure of growth plates and age 15 or over. Adults should be 55 years of age or younger.	<input type="checkbox"/> Yes <input type="checkbox"/> No
Single or multiple full-thickness cartilage defects (through to subchondral bone) of the weight bearing surface of the femoral condyles, trochlea, or patella each measuring greater than or equal to 2.0 cm <sup>2</sup> based on documentation from prior arthroscopic procedures	<input type="checkbox"/> Yes <input type="checkbox"/> No
Defects are the result of acute or repetitive trauma	<input type="checkbox"/> Yes <input type="checkbox"/> No
Prior conservative treatment including physical therapy, nonsteroidal medication, and steroid injections have failed to offer relief	<input type="checkbox"/> Yes <input type="checkbox"/> No
Normal knee biomechanics or alignment and stability achieved concurrently with ACI	<input type="checkbox"/> Yes <input type="checkbox"/> No
Member must be willing to comply with a vigorous rehabilitation program post ACI procedure	<input type="checkbox"/> Yes <input type="checkbox"/> No

**All 'no' answers must be fully addressed at time of pre-authorization.**

The reimbursement material contained in this guide represents our current (as of July, 2021) understanding of the pre-authorization checklists reflected in various payer policies. Many of the topics covered in this guide are complex and all are subject to change beyond our control. Healthcare professionals are responsible for keeping current and complying with reimbursement-related rules and regulations. This information is not intended to be directive, nor does the use of the recommended criteria guarantee reimbursement. Providers are responsible for the accuracy of any claims, invoices and related documentation submitted to payers.