



autologous cultured
chondrocytes
on porcine
collagen membrane



1-877-872-4643
MyCartilageCare.com

Preparing for surgery

Pre-surgery countdown



1+ weeks before surgery

Consider notifying your friends and family about your upcoming surgery.



3 Days before surgery

Confirm the exact location and time of surgery with your orthopedic practice. Confirm transportation to and from the location of your surgery as you will not be able to drive home.



1 Day before surgery

Follow your orthopedic surgeon's recommendations regarding food, drink, and medications. Prepare your home for your reduced mobility. Get a good night's sleep.



Day of surgery

Wear loose and comfortable clothes. Arrive early with any completed paperwork. Be sure to bring your ID and insurance information. Remember, you will not be able to drive home following the surgery.

Immediately following surgery

Once you recover from the anesthesia, you will likely be released from the hospital that same day. At the hospital you'll practice walking with crutches and may have a knee brace or splint to help protect the MACI implant. It's important to follow your orthopedic surgeon's instructions on when you can bathe, when and how to change dressings, and how to manage post-surgical care.

Use R-I-C-E as your guide

REST General rest is important. Stay off your knee and use crutches as instructed. Follow your surgeon's advice on how long to keep weight off your knee.

ICE Ice your knee for 20 minutes every 2 hours or as instructed.

COMPRESSION Use an elastic (ACE-type) wrap or compression bandage on your knee if instructed to do so.

ELEVATION Lie down with your knee propped up on pillows or as advised by your surgeon.

A comfortable setting is recommended and unnecessary movement should be restricted for the period immediately following surgery.

MACI is used for the repair of symptomatic, deep cartilage damage of the adult knee. Please see [Important Safety Information](#) and [full Prescribing Information](#).



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A patient support program for MACI providing insurance approval coordination and treatment information

MyCartilageCare offers support including:



INSURANCE SUPPORT



TREATMENT EDUCATION



BIOPSY STORAGE



A dedicated MyCartilageCare Case Manager is committed to offering comprehensive support tailored to your individual insurance requirements and treatment goals.

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Your comeback with MACI starts here

Enhance your recovery experience with the **My MACI App**. Recognize your rehab progress, discuss activity logs with your physical therapist, and stay motivated throughout your MACI journey.

Download the My MACI App today.



Indication

MACI® (autologous cultured chondrocytes on porcine collagen membrane) is made up of your own (autologous) cells that are expanded and placed onto a film that is implanted into the area of the cartilage damage and absorbed back into your own tissue.

MACI is used for the repair of symptomatic cartilage damage of the adult knee.

The amount of MACI applied depends on the size of the cartilage damage. The MACI film is trimmed by your surgeon to match the size and shape of the damage, to ensure the damaged area is completely covered.

Limitations of Use

It is not known whether MACI is effective in joints other than the knee.

It is not known whether MACI is safe or effective in patients over the age of 55 years.

Important Safety Information

MACI should not be used if you:

- are allergic to antibiotics such as gentamicin, or materials that come from cow, pig, or ox;
- have severe osteoarthritis of the knee, other severe inflammatory conditions, infections or inflammation in the bone joint and other surrounding tissue, or blood clotting conditions;
- have had knee surgery in the past 6 months, not including surgery for obtaining a cartilage biopsy or a surgical procedure to prepare your knee for a MACI implant;
- or cannot follow a doctor-prescribed rehabilitation program after your surgery

Consult your doctor if you have cancer in the area of the cartilage biopsy or implant as the safety of MACI is not known in those cases.

Conditions that existed before your surgery, including meniscus tears, joint or ligament instability, or alignment problems should be evaluated and treated before or at the same time as the MACI implant.

MACI is not recommended if you are pregnant.

MACI has not been studied in patients younger than 18 or over 55 years of age.

Common side effects include joint pain, tendonitis, back pain, joint swelling, and joint effusion.

More serious side effects include joint pain, cartilage or meniscus injury, treatment failure, and osteoarthritis.



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For more information, please see [full Prescribing Information](#).